

SUNFLOWERS



Please Help Yourself to a Sunflower
Seedling in one of the small pots.

Take it and Plant it at Home in a Larger Pot
or into your Garden.

Take Care of It, Water it and Watch it Grow!

If you would like to, give your Sunflower a
Name!

Perhaps grow it for an Older Relative or
Friend who you can't see face to face at the
Moment.....

You could take photos if you would like to,
and then check and review its Growth each
Week or Month.

Then perhaps we can all see the Photos one Day and Appreciate your Care in Growing it, and the Beauty of Nature.

The Large Yellow Flowers will attract Insects – Bees, Lady-Beetles, Butterflies, Moths and Aphids.

These **Insects or Bugs** are Part of Nature too and are also Beautiful. Many of them are Pollinators and Encourage Growth of the Natural Diversity in Gardens and WildFlower areas.

See how many Different Insects you can See!
Please also Re-use and Re-cycle your plant pots.

