

# ICHTHUS

SUNDAY 9 AUGUST 2020

19TH SUNDAY IN  
ORDINARY TIME

Year A



Be still and listen to God deep in your heart.



## ENTRANCE ANTIPHON

Look to your covenant, O Lord,  
and forget not the life of your poor ones for ever.  
Arise, O God, and defend your cause,  
and forget not the cries of those who seek you.

We say these words  
or sing a hymn as the  
priest approaches  
the altar.

## COLLECT

Almighty ever-living God,  
whom, taught by the Holy Spirit,  
we dare to call our Father,  
bring, we pray, to perfection in our hearts  
the spirit of adoption as your sons and daughters,  
that we may merit to enter into the inheritance  
which you have promised...

We ask for God's help.  
Listen now to the  
priest as he offers  
this prayer.



## FIRST READING 1 KINGS 19:9, 11-13

Elijah comes to find God and waits on God's mountain. A mighty wind, so strong that it shatters the rocks, goes by. But God is not in the wind. After the wind there is earthquake. But God is not in the earthquake. After the earthquake there is a fire. But God is not in the fire. After the fire there is a gentle breeze. When Elijah hears the breeze he covers his face. Here is God.

LOOK at the reader  
and LISTEN.  
God is not always  
where we might  
expect.

The cantor or psalmist  
sings or says the psalm.  
Listen to the verses,  
and then respond by  
using these words.

## RESPONSORIAL PSALM PSALM 84

Let us see, O Lord, your mercy  
and give us your saving help.



## SECOND READING ROMANS 9:1-5

Paul is very sad that his own people do not share his faith in Jesus. He knows how special the Jewish people are to God. They have a special covenant with God, a loving relationship, which goes right back to the first people. Jesus was Jewish and Paul himself was Jewish. Paul hopes that, like him, everyone will come to understand that Jesus is the Son of God and the fulfilment of all God's promises.

LOOK at the reader  
and LISTEN.  
Paul hopes that  
everyone will come to  
have faith in Jesus.



We give a shout of  
praise to God, using  
these words taken  
from the Bible.

## GOSPEL ACCLAMATION

Alleluia, alleluia!  
My soul is waiting for the Lord,  
I count on his word.  
Alleluia!



## DO YOU KNOW?

Monday 10 August is  
feast of **St Lawrence,  
Deacon and Martyr.**  
Laurence lived in Rome  
when it was dangerous  
to be Christian and he  
died because of his faith.  
Before St Lawrence died  
it is thought he gave  
away the treasures his  
church owned to the  
poor people in the town.



## THINK

Most of us will never be  
in a storm at sea. We  
probably will, however,  
find ourselves in  
frightening and stressful  
situations. Just as Jesus  
was with the disciples  
on the lake, we can be  
confident that **Jesus will  
be there with us.** Jesus  
says to us, "**Do not be  
afraid.**"



## GOSPEL MATTHEW 14:22-33

The Good News about Jesus is told to us by St Matthew.

The disciples set sail to the other side of the lake, while Jesus sends the crowds away and goes off by himself to pray. Evening falls and the boat is caught in a storm. Jesus goes out to the disciples, walking on the water. The disciples are terrified but Jesus calls out to them,

telling them not to be afraid. Peter starts walking to Jesus across the water. But, feeling the strong wind, Peter becomes frightened and starts to sink. Peter calls out and Jesus reaches out his hand and saves Peter. As soon as they get into the boat, the wind drops.

### STAND to LISTEN

to the priest or deacon as he prepares to read the Gospel. What does the priest or deacon do to the book when he has finished reading the Gospel?



### PRAY

Be still. Be aware of relaxing your head, shoulders, arms, front and back. Breathe gently. Listen for God in the silence. Know that God is with you.

Listen to the reader as he or she encourages us to pray for situations and people in need. This is a prayer you could say privately.



## PRAYER OF THE FAITHFUL

Dear Lord, I would like to pray for anyone who is feeling stressed or overwhelmed by the things that are happening round them. Help them to trust in you and know your peace. Lord, hear my prayer.



## OFFERTORY PROCESSION

As we take our gifts of bread, wine and money to the altar, think of a time this week when you worried or frightened and then remember when you felt peaceful and calm.

Say a little prayer offering these thoughts up to God.

Watch as the gifts are made ready and the priest washes his hands and prepares for the Eucharistic Prayer.



## THE EUCHARISTIC PRAYER

Today's special prayer thanks God for fulfilling all God's promises to us.

What can you give special thanks for today?

We listen to the prayer of praise and thanks to God.



## THE LORD'S PRAYER

As the priest extends his hands, we say the prayer that Jesus taught us.

## COMMUNION ANTIPHON

O Jerusalem, glorify the Lord, who gives you your fill of finest wheat.

You are invited to sing a Communion song or say this verse, which has been especially chosen for today's celebration.



## MY PRAYER AFTER COMMUNION

Thank you, Jesus, for always being there when I need you. Thank you for reaching out and lifting me up when I am down. Amen.



We take Jesus with us to carry on the work that he did on earth, until we meet again next Sunday.

Go in peace.



## ΙΧΘΥΣ

is the Greek word for "fish" and was used in the catacombs as a sign for early Christians. It is made up from the first letter of five Greek titles for the Lord:

- I (Jesus)
- X (Christos)
- Θ (Theou/God's)
- Υ (Uios/Son)
- Σ (Soter/Saviour)

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