

# Session 2: Eco Conversion

## From head to heart

What sacrifices could you make to help heal the planet?

### PRAY

*A prayer for our earth:*

O God of the poor,  
help us to rescue the abandoned and forgotten of  
this earth,  
so precious in your eyes.  
Bring healing to our lives,  
that we may protect the world and not prey on it,  
that we may sow beauty, not pollution and  
destruction. [Laudato Si', 246](#)

Reconciling God, Creation and Humanity:  
An Ignatian Examen [Ecological Examen](#)

### REFLECT



[Look At The World](#), by John Rutter

[Enough is enough](#): A collective  
musical response to the UN  
Climate Change Conference  
(COP26), Glasgow Nov'21 (or [here](#)  
on Facebook)

[Respect for the Planet's resources](#) – The  
Pope Video 9 - September 2020 (2 mins)

[What is Mercy?](#) Connecting With  
Nature, with Dr Carmody Grey (8 mins)

### ACT

[My journey to Ecological Conversion](#) -



Resources from the  
Ecological Conversion  
Group

*Left: Journey to 2030*  
[magazine](#)

Deciding what to buy: one option is the  
[Ethical Consumer website](#)

### NEWS

**Laudato Si' Animators course:**

[Sign up today](#): The next training  
begins 14 April!

The Sun: ['WE MUST ACT'](#)  
David Attenborough issues passionate  
plea to tackle climate change

The Guardian: ['It's awakened me'](#)  
UK climate assembly participants hail  
a life-changing event

[Getting involved in COP26](#)  
applications close 5pm GMT 5th Mar'21

*“What kind of world do we want to leave to those who come after us, to children who are now growing up?” ([Laudato Si', 160](#))*

